## Sitting down-going backwards

ROWING
Sculling: each rower has 2 oars ( $\sim 9 \mathrm{ft}$ long)


Sweep rowing: each rower has 1 oar ( $\sim 12 \mathrm{ft}$ long)
Events for 2,4 , or 8 rowers
Pair (2-)
Four, with or without cox (4+, 4-) Eight, always with cox (8+)


Cox (coxswain): faces forward, steers


John Everett

