

OLYMPICS - BIRDS EYE VIEW



Olympics Disciplines

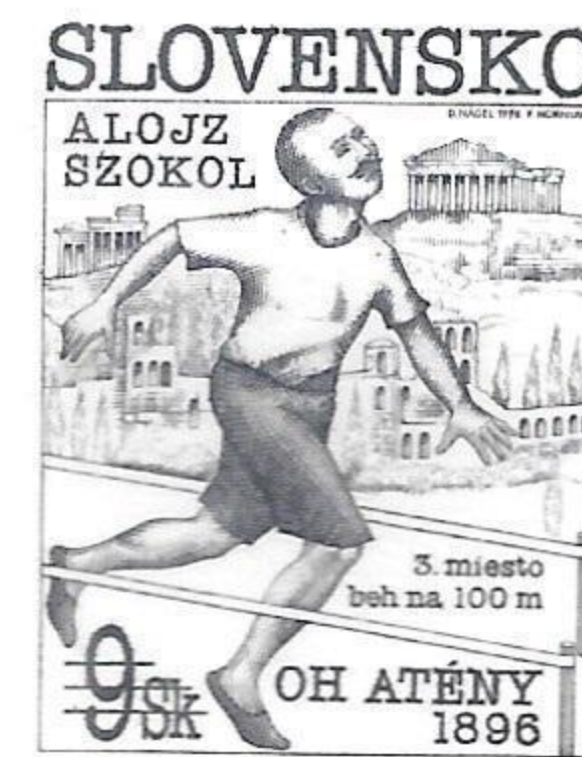
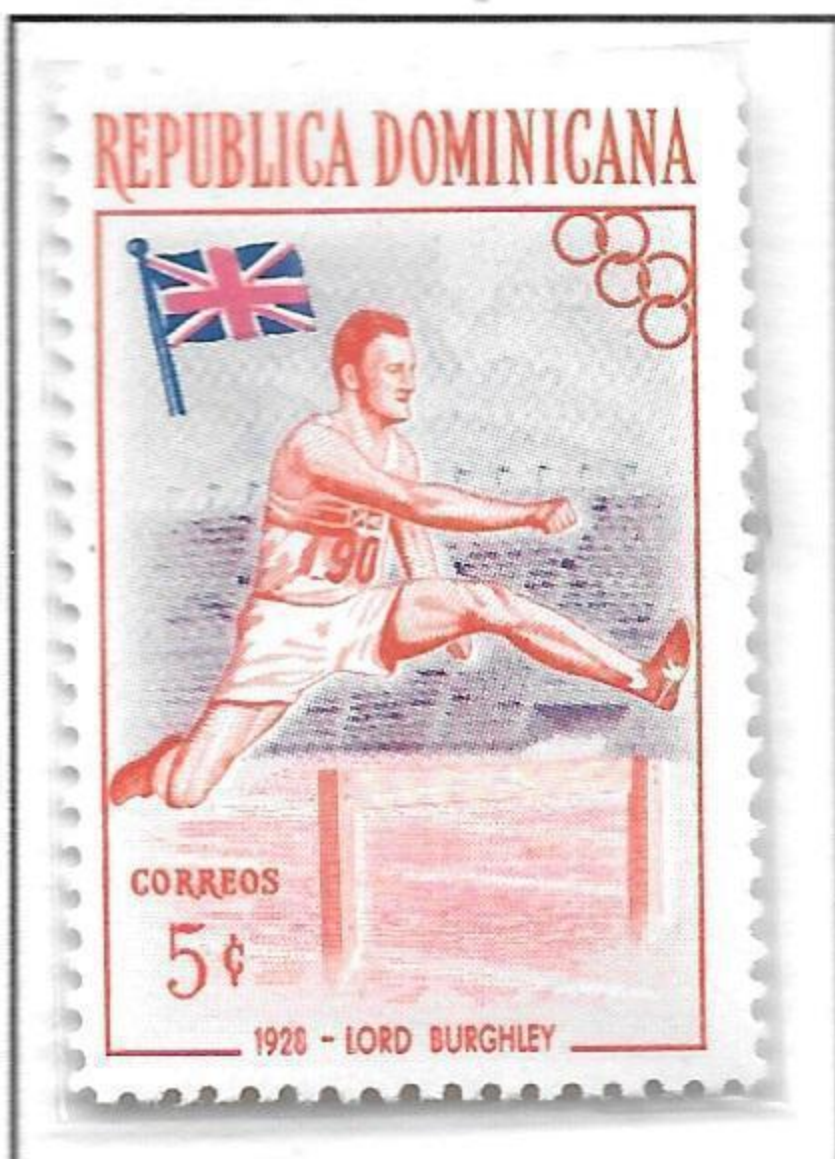
1 Athletics : The first recorded games were held once in four years which periods are known as Olympiad. Slaves and women were not allowed to take part in the games. Later for women short distance foot race were held once in four years, following a year after the games for men.

In the beginning the games consisted of only one event, gradually longer race and pentathlon consisting of running, discuss throw, long jump, javelin throw and wrestling were added as a five day program. **Pankration**, a hybrid martial art including boxing wrestling and chariot race were added.

Country : Slovakia / Slovensko | Year : 1996 | Occasion : 100 Years of the Olympics Games
 Personality : Alojz Szokol | Material : Engraved Proof (Numbered) MNH

Country : Republica Dominicana | Year : 1957
 Occasion : Melbourne Olympics Games
 Personality : Lord Burghley (Participated - 1928)
 Material : MNH Stamp of 5 Cents

Country : Republica Dominicana | Year : 1957
 Occasion : Melbourne Olympics Games
 Personality : PAVO NURMI (Participated - 1920, 1924, 1928)
 Material : MNH Stamp of 11 Cents



2 Long Jump - Greek athletes used to jump with weights in their hands or foot to give power and strength to their body on hard ground with bare feet. It was also one of the Pentathlon events.



Country : Bulgaria | Year : 1992
 Occasion : Barcelona Olympics Games
 About : Long Jump | Material : MNH Stamp



Country : India | Year : 2004
 Occasion : Athens Olympics Games
 About : Long Jump | Material : MNH Stamp Rs. 5 Value



Country : INDIA | Year : 2000
 Occasion : Sydney Olympics Games
 About : Discus Throw
 Material : MNH Stamp of Rs.3



Country : EESTI / ESTONIA | Year : 2008
 Occasion : Beijing Olympics Games
 About : Discus Throw
 Material : MNH Stamp

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3 Discus Throw- Throwing the discus was one of the favourite events in ancient Greek sport. Their technique has inspired many painters and sculptors to create some masterpieces.