

SAINT ALPHONSA

INDIAS FIRST WOMEN SAINT

By: PRAVEEN GANESHAN

ALPHONSA OF THE IMMACULATE CONCEPTION OR
SAINT ALPHONSA CHRISTENED AT BIRTH AS "ANNA —
— MUTTATHUPADATHU" (19 AUGUST 1910 — 28 JULY 1946)
WAS A NUN AND AN EDUCATOR BY PROFESSION. SHE WAS
ALSO KNOWN FOR BEING A VICTIM SOUL, VISIONARY AND
PROPHETESS IN THE KOTTAYAM PERGUNNA OF THE ERSTWHILE
TRAVANCORE PROVINCE OF BRITISH INDIA.
SHE WAS BEATIFIED ON 8th FEBRUARY 1986, AND
WAS CANONIZED ON 12 OCTOBER 2008 IN VATICANCITY,
BECOMING THE FIRST WOMEN OF INDIAN ORIGIN TO BE CANONIZED.



Miniature sheet issued by India post
in 2008 commemorating
Canonisation of St. Alphonsa



Stamp issued by India post
in 1996 on St. Alphonsa

Born	19 August 1910	Kudamalloor, Kottayam, Kerala, India
Died	28 July 1946 (aged 35)	Bharananganam, Kottayam, Kerala, India
Honored in	Syro-Malabar Catholic Church	
Beatified	8 February 1986	Kottayam, by Pope John Paul II
Canonized	12 October 2008	Vatican City by Pope Benedict XVI
Major shrine	St. Mary's Syro-Malabar Church, Bharananganam, Kerala, India.	
Feast	28 July (Syro-Malabar)	
Attributes	Syrian Catholic saint	
Patronage	Against illness	

lordofsick.wordpress.com

Feast = 28 July
Patronage Against illness

MEMORIAL OF

St Alphonsa Muttathupadathu

Born Anna Muttathupadathu in Kerala on August 19, 1910, her formative years were spent with her grandmother, where the first seeds of a vocation flowered. Despite many obstacles, she received the habit of the Franciscan Clarists on May 19, 1930. Often prone to critical illnesses, she bore them for the Lord, saying, "I will never complain and, if I have to undergo any humiliation, I will seek refuge in the Sacred Heart of Jesus". Alphonsa returned to God on July 28, 1946.

