# Be My Valentine: Symbols of Love

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Valentine's Day may have originated in AD 496 when Pope Gelasius honored Saint Valentine on February 14, the day he died. However, it wasn't associated with love until nearly a millennia later with a variety of symbols.



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### HEART

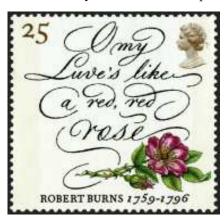
Origin: Aristotle incorrectly identified the human heart as having a rounded top and a pointed bottom.

**CUPID** was renamed by the Romans from the Greek, Eros. His arrows caused the target to fall in love.



U.S. Pictorial Postmark, Loveville, Maryland

**RED ROSES:** When Aphrodite saw her wounded Adonis, she accidentally scratched herself and the blood stained white roses to red. Poet Robert Burns compared his love to the red rose, the wild variety, in the 18th century. Roses are sold especially for Valentine's Day and account for almost 50% of flowers sold.





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Poster Stamp, Germany

#### **CHOCOLATE**

A delicious sweet containing an amino acid that may promote a "loving" sense of well-being.

#### LOVE KNOT

Irish Celtic knot symbolized binding two people together ca 7000 B.C.E. Today rings are exchanged.



## VALENTINE CARD

First may have been sent in 15th century England and 19th century U.S.

Valentine
Postcard
ca. early 20th
century.
Reduced 50%

